

BSC LEXINGTON TENNIS TEAMS

BSC Lexington offers league play for men, women and children for all levels daytime, evening and weekends.

NORTH SHORE TENNIS LEAGUE

The north shore tennis league is the largest indoor league in New England. It offers league play for women, men mixed and juniors. Day time and weekend leagues are available. The next season will begin September 2019.

CENTRAL MASS TENNIS LEAGUE

The Central Mass league is a singles and doubles league. It is played on Saturday afternoons. Lexington offers 2 levels of women's play. The next season will begin October 2019.

USTA ADULT LEAGUES

USTA tennis leagues are offered for men and women June through August. Matches are played in the evenings. BSC Lexington does offer mixed doubles September through June.

PRIVATE LESSONS

Our tennis professionals can provide both members and non-members with private, semi-private and specialized clinics upon request. For all pricing and scheduling questions, please speak with the tennis department at 781.861.8600.

LESSON	MEMBER	NONMEMBER
<u>30 minutes</u>		
Single	\$45	\$53
5-pack	\$215	\$255
Semi-Private	\$27pp	\$35pp
<u>60 minutes</u>		
Single	\$82	\$95
5- pack	\$400	\$465
Semi-private	\$47pp	\$55pp
5-pack semi-private	\$225pp	\$265pp
Clinic (3 people)	\$35pp	\$40pp
Clinic (4 people)	\$31pp	\$35pp
<u>90 minutes</u>		
Clinic (4 people)	\$44pp	\$47pp

POLICY

There are no refunds or credits for missed classes. Make ups will be granted when BSC cancels classes due to weather or instructor illness only. Make-ups must be scheduled through the Tennis Director and will be based on court availability.

Students who sign up for two classes a week receive a 10% discount on one class excluding all two-hours clinics.

All classes require a minimum of 2 students per court, and a maximum of 6 students per court.

Inclement Weather: Make-ups are offered for classes due to inclement weather. Call the facility one hour prior to the scheduled class time to inquire if class is cancelled.

All classes are open enrollment and can be prorated for when you begin. If class options do not work for you, please inquire about other options.

781.861.8600
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Winter 2020
MEMBERS/NONMEMBERS WELCOME!



January 27th – April 12, 2020

11 Weeks

Breaks

(February Break – 02/17 – 02/23/2020)

(Good Friday & Easter Break – 04/10 – 4/12)

THE PROGRAMS:

Instructional Groups:

BEGINNER CLINIC:

For new to the game players who want to learn fundamentals of tennis. We'll start with all the basics and teach you the proper grips and strokes, including the forehand, backhand, volley, overhead, serve and return. You'll also learn to rally and keep score.

CLASS TIMES	CLASSES	MEM/NON
Monday: 8:00pm - 9:00pm	10	\$220.00/\$270.00
Sunday: 10:00am - 11:00am	9	\$198.00/\$243.00

ADVANCED BEGINNER CLINIC

For students who have had formal tennis training in the past or have successfully played regular games. Less time will be spent introducing basic stroke mechanics than in the beginner tennis course, instead core technique flaws will be corrected. This adult tennis lesson course will emphasize developing consistency while having to move to shots and hitting stroke combinations.

CLASS TIMES	CLASSES	MEM/NON
Saturday, 1:00pm - 2:00pm	9	\$227.70/\$275.40

BSC Lexington is committed to excellence in all of our tennis programs. Our goal is to provide exciting and innovative programs designed to improve your game no matter the ability level. Whether you are a complete beginner, or a tournament player, we have a program for you!

Instructional Groups Continued:

SKILL BUILDER

This program features stroke development and refinement for both basic and advanced skills, the use of spin, repetitive/live ball drills and some competitive situations. These clinics are a great opportunity to continue to build solid technique, learn new skills as well as singles and doubles game strategy.

CLASS TIMES MEM/NON	WEEKS	
Monday, 6:30pm-8:00pm	10	\$359.00/\$410.00
Monday, 8:00pm-9:30pm	10	\$359.00/\$410.00
Wednesday, 6:30pm-8:00pm	10	\$359.00/\$410.00

Weekly Programs

POWER HOUR (CARDIO TENNIS)

Get a great workout while working on footwork and shot confidence. Instruction will be kept to a minimum with the focus on number of balls hit and conditioning.

CLASS TIMES	MEM/NON
Tuesday, 8:30am-9:30am	\$18/\$23
Friday, 8:30am-9:30am	\$18/\$23

Weekly Programs Continued:

MEN'S SINGLES ROUND ROBIN

Designed for players looking for competitive match play in a round robin format. Please see the tennis department for more details.

Includes Balls

CLASS TIMES	COST
Sunday, 5:00pm-7:00pm (3.5 Level)	\$20
Sunday, 7:30pm-9:30pm (4.0 Level)	\$20

MEN'S DRILL AND PLAY

For all intermediate (3.0/3.5) level men looking for a great workout followed by a half hour of supervised play.

CLASS TIMES	COST
Wednesday, 8:00pm-9:30pm	\$30pp

SUNDAY ROUND ROBIN

Join in on a pro supervised round robin. Players will rotate every half hour.

Includes Balls

CLASS TIMES	MEM/NON
Sunday 11:00am-1:00pm (all levels)	\$18/\$32

LADIES DOUBLES CLINIC

For players rated 2.5 to 3.5. Drill focus on Doubles play and strategy including court positioning. Please see the tennis office for details.

CLASS TIMES	COST
TBD	\$20pp