

BIRTHDAY PARTIES!

Throw a high-energy party without breaking a sweat!

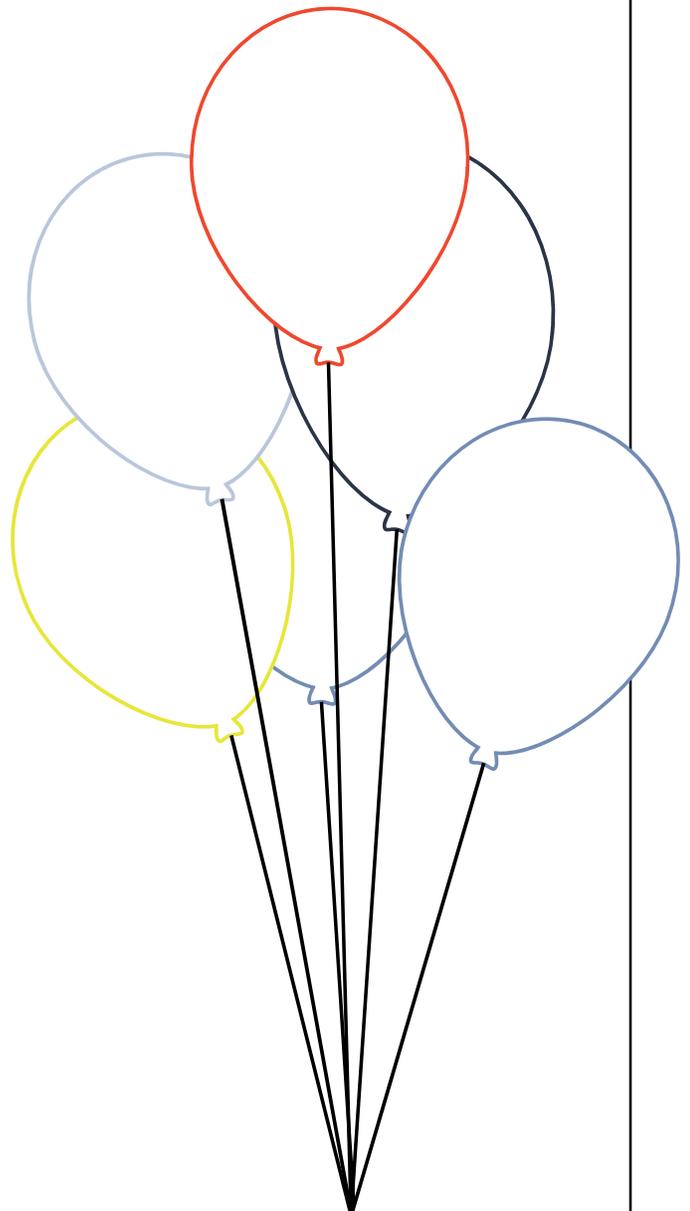
We plan, you celebrate! Our exclusive party package provides the party room, activity space, invitations and more!

- Choice of a party theme and a featured activity
- Includes birthday child and 16 party guests
- All ages and levels are welcome

Whether your children are big swimmers, sports fans or enjoy groovin' to the latest tunes, we have a party that's right for you!

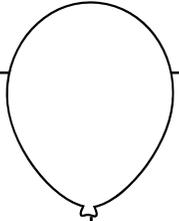
Plan your party today! Speak to a member of the kids teams.

NYSC Long Beach
(516) 432-5849



SPORTS CLUBS
For Kids

NYSC BSC WSC PSC



Celebrate, laugh, play and party!

Celebrate your child's birthday or special event with a Sports Clubs for Kids party. We offer fun and creative fitness-based parties for tots, preschoolers and school-age kids. Choose from the following parties or create a custom party of your own, whichever you choose, you're guaranteed a party to remember.

Party information

Parties run 90 minutes*. Parties are designed for 16 guests including the birthday child who is FREE. There is an extra charge for each additional child exceeding 16 guests. Payment in full is required to reserve a date. Party includes: a private party room, tables and chairs, a 45-minute activity, invitations, 2 party coordinators for the length of your party, plates, napkins, tablecloths, cups, set-up and cleanup. You may arrive no more than 15-minutes prior for set-up of your party.

*Swim parties run two hours, allowing 15 minutes before and 15 minutes after for changing.

Cost

	MEMBER	NONMEMBER
Swim Party	\$314	\$355
Birthday Party	\$288	\$330
Additional Child	\$18	\$18

Party add-ons

Expand your fun by adding an extra 30-minute activity, inflatable, batting cages, a costume character appearance or fun and tasty treats to any party.

30-minute add-on \$79

Popcorn Machine \$50

Tiny Tots (ages 1–4)

Jump, tumble and swing in a party designed to bond parents with their toddlers. An upbeat variety of music and games are on the agenda to put both you and your child in a partying mood.

Swim Parties (ages 6 and older)

Make waves on your birthday! Enjoy a free swim or organized games—either way it's good, wet fun. Noodles, kick-boards, and pool toys are included. Adults must accompany kids four and younger in the water. Swim parties run two hours, including 15 minutes before and after for changing.

Mission Movement

Create a birthday buzz with these active heart-pumping parties. Choose one of the following. (Options vary by location).

- Kickboxing Kraze (ages 6 and older): Boxing, kickboxing, and various martial arts blend as kids bob and weave in this high-energy bash.
- Tumble Time (ages 4 and older): Stop, drop, and tumble! Kids spend their special day jumping, climbing, rolling and flipping over obstacles.
- Tuff Kids (ages 5 and older): This fun circuit includes games and exercises to keep your kid's heart pumping and full of joy.
- Yoga (ages 4 and older): Kids "yoga-flow" through different games and activities and then spend time relaxing as an encore. It's a zen-birthday for all!
- Dance (ages 5 and older) Be a pop star for the day! Whether your child is into Zumba, pop or hip-hop, they'll have a blast movin' and groovin' as they learn the latest and greatest dance moves. The routines are age-appropriate and simple to do. Paparazzi — we mean Parents, bring your cameras!

All-Star Sports (ages 5 and older)

Perfect for the young sports fan in your family. Select from a variety of favorites like basketball, soccer, floor hockey, and dodgeball. We also have some great twists on traditional games so athletes and "mathletes" can play together!

Game Mania (ages 5 and older)

It's our greatest-hits mix of our best games and relays. Children play, run, and have fun with their friends. This high-energy event is a proven crowd pleaser that makes recess look like child's play.

Superhero Showdown (ages 5 and older)

Superheroes to the rescue! Partygoers channel their inner superheroes by making a mask and superhero cuffs, playing superhero games and embarking on a top secret scavenger hunt. Grab your cape and save the day!

Ask us about our Group Special Events!

Customize your event by incorporating any or all of our Sports Clubs for Kids fitness-based group activities to help build team spirit, develop skills and have fun. Make your next group outing fun and rewarding with a customized event. Whether it's a scout program, school field trip, day care outing, youth group event, post prom or project graduation, our staff will assist you in selecting activities that meet the specific goals of your outing.